

Tiger Cubs in Action

Achievement 1 – Making My Family Special

The people who live with us are called family. Most of us also have family members who live in other places. Every family is different, and every family is special. These activities will help you learn more about your family.

Adult Partner note: The goal of these activities is to make the family bond stronger. Take advantage of opportunities to talk with your Tiger Cub about things that strengthen his family. Reinforce your family values with him, and remind him that he is a very important part of his family!

Family Activity – Think of one chore you can do with your adult partner. Complete it together.

Den Activity – Make a family scrapbook.

Go See It – Go to a library, historical society, museum, old farm, or historical building, or visit an older person in your community. Discover how family life was the same and how it was different many years ago.

This Go See It offers an opportunity for Tiger Cubs to show *respect*, which is one of Cub Scouting's 12 Core Values (Character Connections). If boys visit a historical building or museum, for instance, they will need to show respect by behaving well. If they visit an older person, they will be showing respect for their elders by being attentive and polite.

After completing this Go See It, it would be fun to share with your Tiger Cub what your family life was like when you were in first grade. Encourage him to ask his grandparents or other family members what their families were like too.

Suggestions of places to visit:

1. Ocean County Library
2. Barnegat Light Museum and Historical Society
3. Barnegat Lighthouse State Park (Old Barney – the lighthouse)
4. Giffordtown Schoolhouse Museum in Tuckerton – 2 room schoolhouse
5. Lacey Schoolhouse Museum
6. Littell-Lord Farmhouse Museum – Berkeley Heights

And there are many more places to visit. You can look on the Internet at New Jersey's website address <http://www.state.nj.us/travel/index.html> and have brochures sent to your home free of charge and find places to visit, sites to see, and entertainment for the den.

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Achievement 2 – Where I Live

Some people live in big cities. Some live in small cities or towns. The nearest neighbors of some people live miles away on a farm, and some, in an apartment right next door. Wherever you live, the buildings and homes around you and the people who live, work and play near you are called your community. It is important to learn about your community. Communities are stronger when the people who live in them take care of them and are good neighbors to each other. As you learn more about your community, you will be more proud of it and become a better citizen.

Adult Partner note: One of the purposes of Cub Scouting and the aims of Scouting, as well as one of the 12 Core Values of Cub Scouting, is to develop responsible *citizenship* in boys. This begins with an understanding of their community. As you explore your community with your Tiger Cub and his den, the boys will develop a deeper appreciation of their community and what it means to be a part of it.

Family Activity – Look at a map of you community with your adult partner.

(a nice map of your township can be gotten at the township office for a nominal charge. You can look at where the different schools are located, firehouses, and your son's important places can be marked on this map. Use the map to mark your Go See Its.)

Den Activity – Practice the Pledge of Allegiance with your den, and participate in a den or pack flag ceremony. (Open the Pack Meeting with your own flag ceremony this month)

Go See It! - Visit a police station or fire station. Ask someone who works there how he or she helps people in your community.

The purpose of this Go See It is to have the boys learn that people work in the community to protect them and keep them safe. When you talk to emergency workers, ask them to tell the boys about the training they had for their jobs. Ask them what they like about their jobs. You could ask your Tiger Cubs what they think would happen if we didn't have any police officers or firefighters. You could also talk to them about the courage various community helpers show as they do their jobs. *Courage* is one of Cub Scouting's 12 Core Values.

Other Places You Could Visit:

1. Local First Aid Stations
2. Red Cross Facility
3. Ocean County Health Department
4. Hospital Tours
5. Poison Control Center

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Achievement 3 – Keeping Myself Healthy and Safe

Staying healthy and safe includes many things. To be as healthy as we can be, it is important to eat good foods, get plenty of sleep, and exercise to keep our bodies strong. We also need to keep our bodies clean and brush our teeth regularly. To be safe, it is important to understand what to do in case of emergencies, and to follow the rules we are taught about how to act when we feel uncomfortable with someone.

Adult Partner note: *Health and Fitness* are included in the 12 Core Values of Cub Scouting. Scouting programs for youth of all ages are designed to promote physical, mental, and emotional fitness. Talk to your Tiger Cub about developing lifetime habits that will keep him healthy. Or share with him how important it is to you that he is healthy and safe. It is important to tell him what to do when he is around a stranger or another person who makes him feel uncomfortable. The Youth Protection information in the beginning of the Tiger Cub handbook can help you with some of these topics.

Family Activity – (a) With your family, plan a fire drill and then practice it in your home. (b) With your adult partner plan what to do if you become lost or separated from your family in a strange place.

Den Activity – Make a Food Guide Pyramid

Go See It – Learn the Rules of a game or sport. Then, go watch an amateur or professional game or sporting event.

Let the Tiger Cubs help to decide where they will go. You may encourage them to choose to go to a game or sporting event that they have not seen before. While your are there, point out examples of *good sportsmanship* – one of the purposes of Cub Scouting – and tell boys that it is important that all players try to do their best- even if they don't win.

You can point out several of Cub Scouting's 12 Core Values while watching a sporting event. Players of a team sport show *cooperation*, and they must be *physically fit* to compete. You could also point out it takes *perseverance* and a great deal of practice to develop a skill.

Suggestions on sporting Events:

1. Local High School Sporting Events
2. Lakewood Blue Claws
3. Trenton Thunder
4. New Jersey Nets
5. *If by chance an event comes to town where a group of local coaches plays a semi-pro or professional team for charity, take them to see that game. It is usually basketball or baseball in Toms River.

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Achievement 4 – How I Tell It

When we talk with people, we communicate information to them about something we want them to know. We also communicate when we write, draw, sing, dance, or show pictures. We can communicate using our bodies or faces, too, such as when we smile or frown. When you raise your hand in school, you are communicating to your teacher that you want to talk. The number of beads on your Tiger Cub belt totem communicates to people how many Tiger Cub Achievement parts you have completed. People also communicate with telephones and computers and through television, radio, newspapers, magazines, and books.

Adult Partner note: Good communication skills are important for people of all ages. These activities are designed to make learning about communication fun and interesting.

Family Activity – At a family meal, have each family member take turns telling the others one thing that happened to him or her that day. Remember to practice being a good listener while you wait for your turn to talk.

Den Activity – Play “Tell It Like It Isn’t”
(in the Tiger Cub Handbook)

Go See It – Visit a television station, radio station, or newspaper office. Find out how people there communicate to others.

The goal of this Go See It is to show boys how media can be used to communicate with a lot of people. One benefit of visiting a television station, radio station, or newspaper office is that boys may be reminded of the visit when watching television, listening to the radio, or reading a newspaper.

Suggestions on Places to visit:

1. WOBN Radio Station
2. Asbury Park Press Newspaper office in Toms River
3. Comcast offices nearest you
4. TV-21 run by the local Toms River School District
5. School Administration Offices- OCC
6. Mercer County College (has a radio station)

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Achievement 5 – Let's Go Outdoors

There is so much to do and learn outdoors! You can have fun exploring nature and looking at trees, flowers, and animals. You can walk, run, play games, and ride a bike. It is even fun to just sit outside and pay attention to all the things going on around you.

Adult Partner note: The goal of these activities is to develop in your Tiger Cub an appreciation of the awe and respect for the world around him. It may also provide a basis for hobbies and interests that he might pursue for the rest of his life. This offers you an opportunity to reinforce your own value about the environment and spirituality.

Family Activity – Go outside and watch the weather.

Den Activity – With a crayon or colored pencil and a piece of thin paper, make a leaf rubbing.

Go See It – Take a hike with your den.

For this Go See It, if possible, take the boys to a special location or a place they have not been to before. Many nature parks will have someone to guide you on your hike or self guided paths. You may want to have a picnic or a snack break on your hike. Even if you stay in your neighborhood, the boys will enjoy the time outdoors.

Keep your hike short enough so that all the boys will enjoy it, and be certain that the boys wear shoes and clothing appropriate for the hike. If the boys become too tired or are uncomfortable, they probably will not have a pleasant memory of this Go See It.

Suggested locations for hikes:

1. Cattus Island Environmental Center (tour more of the marsh areas and marsh life)
2. Wells Mills (Waretown – identify trees, birds, animal life)
3. Winding River (Toms River – bike paths available too)
4. Berkeley Island (Nature Walk program w/ small fee)
5. If you can't get to these places, go on a hike around your school or community organization.

Use your senses to get an idea of what the weather is like. **See it, Hear it, Smell it, Taste it, Touch it**

Do you feel cold or hot? Do you see clouds or the sun? Do you smell a storm coming? Do you taste sand or dust blown in your mouth? Do you feel the wind in your face? Do you hear thunder?